



**Jewish House**  
People helping people

# START YOUR NDIS JOURNEY TODAY.

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Discover our mental health and psychosocial supports services available now for Eastern Sydney residents.



Call 02 9386 0770  
Visit [jewishhouse.org.au/ndis](https://jewishhouse.org.au/ndis)

# Welcome to Jewish House

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We're a registered Allied Health and Support Coordination provider of supports under the National Disability Insurance Scheme (NDIS) with a specialisation in mental health and psychosocial services for adults and children.

With a personalised approach, our allied health and support coordination team will work with you and your family or carers to ensure you can access all the supports you need to achieve your daily goals.

We are quality assured against the NSW Disability Standards and provide NDIS services to Eastern Sydney residents, mainly in the LGA's of City of Sydney, Randwick City, Waverley, and Woollahra.



# What NDIS services do we provide?

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Jewish House is fully accredited to deliver a wide range of NDIS services for people with an approved NDIS plan who require psychosocial support.

If you, a person you care for or are working with, has an approved NDIS plan with funding looking for adult and children supports services covering all psychosocial types and complexities, Jewish House can help.

Our experienced Allied Health and Support Coordination team are trusted to deliver the highest level of care in the following supports services:

- Support Coordination (0132)
- Plan Management (0127)
- Assist Life Stage, Transition (0106)
- Development Life Skills (0117)
- Therapeutic Activities (0128)
- Early Childhood Supports (0118)

To find out more, email [ndis@jewishhouse.org.au](mailto:ndis@jewishhouse.org.au), or call 02 9386 0770 to speak with our NDIS supports team directly.



# How we can help

Below are just a number of ways we can support you. If you don't see the service you're looking for, please call us today on 02 9386 0770.

<b>Support Coordination and Plan Management</b>	Supports you to get the most out of your NDIS plan.
<b>Allied Health Assistance and Professional Services</b>	<ul style="list-style-type: none"><li>• Adult &amp; Child Psychology</li><li>• Counselling &amp; Social Workers</li><li>• Occupational Therapists</li><li>• Mental Health &amp; Wellbeing Practitioners</li></ul>
<b>Paediatric Occupational Therapists for children</b>	Supports your child to manage behaviours through sensory play, assessment, and referral including access to our exclusive JH Kids Sensory Room, groups and programs.
<b>Life Transitioning Planning</b>	Supports you to get ready for what's next in your life.
<b>Develop Life Skills</b>	Supports you to increase your independence and learn skills that will help you take better care of your daily wellbeing.
<b>Community and Peer Participation</b>	Supports you to connect with your community i.e., socially, culturally etc.
<b>Therapeutic Creative Group Activities</b>	Supports you to join an Art or Lego class to calm the mind and meet like-minded people.



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**If you are in a crisis, please call our  
24/7 Crisis Line: 1300 544 357**

**Or if a life is in danger,  
dial Triple Zero (000) immediately.**

Alternatively, you can use the following support options:

**Mental Health Line NSW: 1800 011 511**

**Lifeline: 13 11 14**

**Suicide Call Back Service: 1300 659 467**

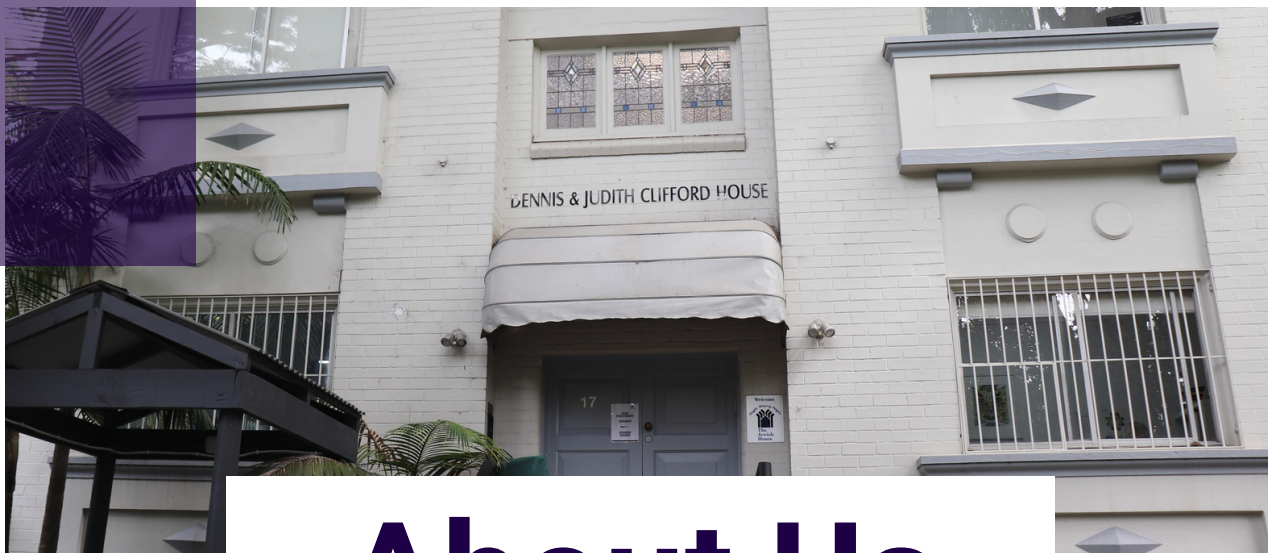
**Kids Helpline: 1800 55 1800**

**Beyond Blue: 1300 224 636**

**MensLine Australia: 1300 789 978**

**1800RESPECT: 1800 737 732**

To find out more, visit us today at  
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# About Us

Jewish House is a not-for-profit, registered charity providing care to people from all communities irrespective of religion or background.

We believe in the Jewish philosophy of compassion, dignity, and respect for all who walk through our doors, delivering services from our support office in the Sydney suburb of Bondi.

Founded almost 40 years ago, our highly skilled team will work tirelessly to help you with practical and emotional NDIS supports services so you can build a meaningful, independent life.

