

# JH Kids Holiday Planner





### Sunday

#### **Breakfast**

Oatmeal & Saltana Muffins

## Movement Activity

Spiderman Workout

#### **Morning Tea**

<u>Hummas Recipe</u>

### Education & Learning

Cool Kids Facts and Quizzes

#### Lunch

Corn Fritters

#### **Art & Recreation**

<u>Breathing</u> <u>Superpower</u>

#### Spiritual Activity

High Holidays with JH Kids

### Monday

#### **Breakfast**

Overnight Oats

### Movement Activity

**Music Statues** 

#### **Morning Tea**

Fruit Roll Ups

## Education & Learning

Cesar Salad

#### Lunch

<u>World's Easiest Deli</u> Roll

#### Art & Recreation

Tulip Art with Cotton Buds

#### Spiritual Activity

<u>High Holidays</u> <u>with JH Kids</u>

### Tuesday

#### **Breakfast**

Easy Omlette

## Movement Activity

**Daily Stretch** 

#### **Morning Tea**

Frozen Banana Pops

## Education & Learning

Live Zoo Cam

#### Lunch

Magic Dice Sandwiches

#### Art & Recreation

**How to Make Slime** 

#### Spiritual Activity

<u>High Holidays</u> <u>with JH Kids</u>

### Wednesday

#### **Breakfast**

Banana Pancakes

## Movement Activity

**Dance Party** 

#### **Morning Tea**

Blueberry Muffins

## Education & Learning

Funny Fill In

#### Lunch

Easy Meatballs

#### Art & Recreation

**Bubble Tower** 

#### Spiritual Activity

<u>High Holidays</u> <u>with JH Kids</u>

### Thursday

#### **Breakfast**

**Animal Toast** 

### Movement Activity

Try Not To Laugh Fitness Challenge

#### **Morning Tea**

<u>Celery and Peanut</u> <u>Butterflies</u>

#### Education & Learning

**Dolphin Adventure** 

#### Lunch

Rainbow Rice

#### Art & Recreation

Spot the Difference

#### Spiritual Activity

<u>High Holidays</u> with JH Kids

### Friday

#### **Breakfast**

Mango Date Smoothie

### Movement Activity

Relay Races

#### **Morning Tea**

Tuna Veggie Boats

### Education & Learning

Talking Library

#### Lunch

Pita Pizza

#### Art & Recreation

Make a Treehouse

#### **Spiritual Activity**

High Holidays with JH Kids