

#### START YOUR CHILD'S NDIS JOURNEY JOURNEY

Discover our mental health and psychosocial supports services available now for Eastern Sydney residents.



Call 02 9386 0770 Visit jewishhouse.org.au/jhkidsndis

## WELCOME TO JH KIDS

We're part of Jewish House, a registered Allied Health and Support Coordination provider of supports under the National Disability Insurance Scheme (NDIS) with a specialisation in mental health and psychosocial supports services for children of all ages.

With a personalised approach, our allied health and support coordination team are passionate about early intervention, building resilience, and equipping children with skills to assist them in navigating their life's journey.

We are quality assured against the NSW Disability Standards and provide NDIS services to Eastern Sydney children mainly in the LGA's of City of Sydney, City of Randwick, Municipality of Waverley, and Municipality of Woollahra.



## WHAT NDIS SERVICES DO WE PROVIDE?

JH Kids is fully accredited to deliver a wide range of NDIS services for children with an approved NDIS plan who require paediatric support.

If your child, a child you care for or are working with, has an approved NDIS plan with funding looking for mental health and psychosocial disability services, JH Kids can help.

Our experienced Allied Health and Support Coordination team are trusted to deliver the highest level of care in the following supports services:

- Support Coordination
- Plan Management
- Assist Life Stage, Transition
- Develop Life Skills
- Therapeutic Activities
- Early Childhood Supports

To find out more, email ndis@jewishhouse.org.au, or call 02 9386 0770 to speak with our NDIS supports team directly.

# HOW WE CAN HELP

Below are just a number of ways we can support you and your child. If you don't see the service you're looking for, please call us today on 02 9386 0770.

Support Coordination and Plan Management	Supports your child to get the most out of their NDIS plan.
Mental Health and Wellbeing Practitioners	Supports your child by offering psychology disability sessions and support workers
Paediatric Behavioural Support and Occupational Therapists for Children	Supports your child to manage behaviours through education, sensory play, assessment, and referral including access to our exclusive JH Kids Sensory Room, and workshops.
Early Childhood Life Planning	Supports your child to prepare for what's next in life.
Early Childhood Development Life Skills	Supports your child to increase their independence and learn skills that will help them with daily wellbeing.
Community and Peer Participation	Supports your child to connect with their community i.e., through social, and cultural activities including our sensory workshops etc.
Therapeutic Creative Group Activities	Supports your child to access activities such as Art and Lego workshops to calm the mind and spend time with other children, their carers, and parents.

#### EXPERIENCE OUR NEW 'SENSORY' ROOM IN BONDI.

Our JH Kids Sensory Room is an interactive play space created for children to help develop social learning, facilitate creative activities, and engagement; encouraging them to utilise their senses to fully explore and navigate the stimulating areas.

The benefits of sensory play include:

- Strengthening personal, social, andemotional development.
- Helps promote bonding between parents, a carer, and the child.
- Supports emotional wellbeing.
- Reduces isolation of parents, carers, and the child.
- Provides a safe space for problem-solving and selfreflection.
- Reduces stress, aggression, and repetitive behaviours.
- Increases focus and interaction, helping to stimulate learning.

To find out more, visit us today at jewishhouse.org.au/jhkids or call 02 9386 0770 to speak with our NDIS supports team.



JH Kids is part of Jewish House, a not-for-profit, registered charity providing care to children from all communities, irrespective of religion or background. We believe in the Jewish philosophy of compassion, dignity, and respect for all who walk through our doors, delivering services from our support office in the Sydney suburb of Bondi.

Founded over 35 years ago, our highly skilled team are focused on supporting children and their families. We offer a multidisciplinary team approach and work tirelessly to help your child with practical and emotional NDIS supports services so they can build a meaningful, independent life.

