JH Kids

Sunday

Breakfast Banana Bread

Movement Activity

Jungle Exercise

Morning Tea **Rainbow Fruit**

Skewers **Education &** Learning **Space Games**

Lunch **Grill Cheese** Roll-Ups

Art & Recreation Your Secret

Treehouse

Spiritual Activity High Holidays with JH Kids

Monday

Breakfast Shakshuka

Movement Activity 10 Yoga Poses

Morning Tea Fruit and Nut Yogurt **Education &**

Learning Panicked pepper Experiment

> Lunch Pizza Stuffed Potatoes

Art & Recreation Rubber Band Art

Spiritual Activity **High Holidays** with JH Kids

Tuesday

JH Kids Holiday Plannen

Breakfast Homemade Granola

Movement Activity Video Games Ballet

Morning Tea Sweet and Spicy Popcorn

Education & Learning Learn to Write Graffiti Letters

Lunch Alien Avo Toast

Art & Recreation Do Nothing For 2 Minutes

Spiritual Activity Spiritual Activity High Holidays with JH Kids

Wednesday

Breakfast Funfetti Pancakes

Movement Activity Breakdance For **Beginners**

Morning Tea Apple Crunch

Education & Learning **Crayon Factory** Tour

Lunch Sloppy Joe Sandwiches

Art & Recreation Painting Leaves

High Holidays

with JH Kids

Spiritual Activity <u>High Holidays</u> with JH Kids

Thursday

Breakfast

Funny Face Grilled

Cheese

Movement

Activity

Zumba Party

Morning Tea

Roast Veggies

Kebabs

Education &

Learning

All About Sharks

Lunch

Tomato Basil Salad

Art & Recreation

Flipbook Maker

Friday

Breakfast Mixed Berry Smoothie

Movement Activity **Fitness Ouest**

Morning Tea **Chewy Choc Chip** Muesli Bars

Education & Learning **Online Stories**

Lunch Hard Boiled Egg Chicks

Art & Recreation **Breathing Buddy**

Spiritual Activity High Holidays with JH Kids